



Thursday 7 July 2022

Liz

Warm up and Stretching	Reel 32, Circle
The Old Man of Storr	Reel 8x32, 3C/4C
The Red Rose	Strathspey 4x32, 4C Sq set
Duke of Atholl's Reel	Jig 8x32, 2C/4C

Short Break

Pelorus Jack – (Experienced Dancers)	Jig 8x32, 3C/4C
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Judie

Salute to Ian Robertson	S3x32, 3C
Napier's Index – (Experienced Dancers)	J8x40, 3C/4C
Rabbie's Rant	Reel 6x32, 3C
Cool Down Stretching	Circle