

No. 10 – A Trip to Applecross

32-bar reel for two couples in a three-couple longwise set

Bars	Description
1–2	1st couple set.
3–6	1st man sets twice. At the same time 1st woman dances round partner by the right and across to place. (Note 1.)
7–8	1st couple, giving right hands, cross over. 1st woman finishes facing up.
9–16	1st and 2nd couples dance a men's chain up and down the set, finishing on the sidelines.
17–20	1st and 2nd couples set and, pulling back by the right, dance one place clockwise. (Note 2.)
21–24	1st and 2nd couples dance right hands across once round.
25–28	1st and 2nd couples, giving right hands to partner, change places on the sides and dance one place clockwise. (Note 2.)
29–32	1st couple, giving right hands, turn one and a half times. (Note 3.)
	Repeat, having passed a couple, but on each second repetition the first sixteen bars are modified as follows:
1–2	1st couple set.
3–6	1st woman sets twice. At the same time 1st man dances round partner by the left and across to place. (Note 1.)
7–8	1st couple, giving left hands, cross over. 1st man finishes facing up.
9–16	1st and 2nd couples dance a ladies' chain up and down the set, finishing on the sidelines.

Notes:

1. On bars 3–6, 1st man or 1st woman may set using four bars of suitable highland setting.
2. Bars 17–20 and 25–28 make up the formation set and rotate.
3. On bars 29–32 1st couple may dance a pivot turn using right elbow grip.

Devised by Nicola Scott, Birmingham Branch, October 2013.

This dance was written on the way back from a trip to the Applecross peninsula in Scotland. The first eight bars recall the deviser wandering up and down, waiting, while her partner photographed the beautiful landscape.