

Warm-up. The Laughing Heart.

- 1) All dance RH across & LH back
- 2) 1L+2L cross LH, cast to Left around partner back to places & turn opp man LH once round
- 3) 1M+2M cross RH, cast to Right around partner back to places & turn opp women RH once round
- 4) 1s+2s dance DoSiDo, pass opp person RSh & dance on to meet next couple